

aanac.org

MDS 3.0 RAC-CT™
CERTIFICATION
& RECERTIFICATION

3point0

Presented By Official Training Partner:



August 17-19, 2010

*Drury Inn & Suites Hotel
5505 Mills Civic Parkway
West Des Moines, IA 50266
515.457.9500*



Setting the Standard for Long-Term Care Nursing Education

AANAC RAC-CT® PROGRAM

How the Certification Program Works: (3-Days)

To be eligible to become RAC-CT® Certified (Resident Assessment Coordinator - Certified®) an individual must:

1. Be a clinician/professional involved in the RAI process.
2. Complete 10 AANAC courses, of which 7 are required as the core curriculum:

- MDS Coding for OBRA and PPS
- RUG-IV
- OBRA Timing and Scheduling
- CAAs
- PPS Timing and Scheduling
- Introduction to Medicare Part A
- Care Planning

The 3 electives for this workshop are:

- Accurately Assessing Activities of Daily Living (ADLs)
- Five-Star Quality Rating System
- Accurately Assessing Pain and the MDS 3.0

How the Recertification Program Works: (2-Days)

To be eligible to become RAC-CT recertified, an individual must have been certified or recertified in MDS 2.0 after 12/31/06 and pass the first two days of the workshop which include the courses listed below:

- MDS Coding for OBRA and PPS
- OBRA Timing and Scheduling
- PPS Timing and Scheduling
- RUG-IV
- CAAs
- Accurately Assessing Activities of Daily Living (ADLs)

**Certifications and Recertifications are good for 2 years once all required courses are completed and passed.*

TARGET AUDIENCE

Registered Nurses, Licensed Practical Nurses, Nurse Assessment Coordinators, Physical Therapists, Occupational Therapists, Speech Therapists, Social Workers, Health Information Professionals, Dietitians, Administrators, and all members of the Interdisciplinary Teams involved in assessment and care planning.

CONTINUING EDUCATION

This education activity for 22 contact hours for the complete certification program and 15.0 contact hours for the 2-day recertification program and is approved by the following:

- Iowa Board of Nursing Provider #67: 2.7 CEUs for complete certification program or for the 2-day recertification program, 1.8 CEUs. Retain your certificate for 4 years.
- Social Workers: 22 contact hours for the complete certification program and 15.0 contact hours for the 2-day recertification program. This program is intended to meet the criteria established by the Iowa Board of Social Work Examiners. If audited, you will be asked to provide your certificate of attendance and program material.
- AANAC is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. AANAC's provider number is AAN-1004. AANAC is located at: 400 South Colorado Boulevard, Suite 600, Denver, CO 80246.

REGISTRATION

PLEASE REGISTER EARLY!

Registration is online only for members. Please go to www.ageiowa.org to register. Non-members please contact our office at 515-440-4630 in order to register.

Registration Deadline is Tuesday, August 10th.

FEES

	AANAC Member	Non-Member
2 Day Recertification	\$350	\$550
3 Day Certification	\$450	\$650

To become an AANAC member (\$110/year) and take advantage of the reduced rate, sign up at www.aanac.org. You must provide an AANAC member number to receive the discounted rate. *You do not have to be an AANAC member to complete the program.*

Workshop Handouts & Tests, Continental Breakfast and lunch will be provided all days. The AANAC Training Manuals are not included in the workshop pricing and are **not required** for these courses.

CANCELLATION/REFUND POLICY

AANAC and/or Training Partners are not responsible for any fees incurred due to cancellations or postponements. We will make every effort to abide by our schedule.

The deadline to receive a refund for your registration is two weeks before the event, subject to \$50 administrative cancellation fee. Cancellations received 7 days or less prior to the event will not be eligible for a refund. Refunds will not be available for registrants who choose not to attend an event. Cancellations will be accepted in written format only, via fax or e-mail, and must be received by the stated cancellation deadline.

ABOUT THE SPEAKER

- **Deb Myhre RN, C-NE, RAC-MT**

Deb Myhre is a Nurse Consultant with Continuum Health Care Services. She has over 30 years experience in nursing with the past 22 years in long term care. She has worked as a MDS/Care Plan Coordinator, In-service Coordinator, Medicare billing, and 13 years as a DON in long term care. She is a member of The National Association of Directors of Nursing Administration in LTC, The American Association of Nurse Executives and The American Association of Nurse Assessment Coordinators where she is recognized as a Master Teacher.

PROGRAM INFORMATION:

- Training is from 8am to 5pm (Registration on Day 1 begins at 7:30am)
- Lunch: 12pm to 1pm
- Breaks: 10am to 10:15am and 3pm to 3:15pm
- Day 1, 2 and 3 are required to become certified for the first time
- Day 1 and 2 are for recertification (the 3rd day is strongly recommended; additional fees do apply)
- You have 90 days to pass the final exams; upon successful completion, students will receive their RAC-CT certificate in the mail

PROGRAM OBJECTIVES

(Day 1) MDS 3.0 Coding for OBRA and PPS/Accurately Assessing Activities of Daily Living (ADLs) and the MDS 3.0

- Describe the relationship between the purpose of the MDS and the types of questions that appear on the MDS.
- State the intent of each MDS item.
- Accurately code each item of the MDS.
- Discuss the effects of inaccurate MDS coding.

(Day 2) OBRA Timing and Scheduling for MDS 3.0

- Discuss requirements for scheduling and timing of OBRA-required MDS assessments.
- Identify appropriate use of the discharge assessments and entry records.
- State the criteria for completing the Significant Change in Status Assessment.
- Discuss correct use of the Significant Correction assessments.
- Identify criteria and timing issues related to Section X, the Correction Request.

(Day 2) PPS Timing and Scheduling and the MDS 3.0

- Describe the process for setting the ARD for a SNF PPS assessment.
- Identify the impact of unscheduled PPS assessments on payment.
- State the regulatory time frames for completing PPS MDS assessments.
- Describe the process for combining OBRA-required and PPS-required assessments.

(Day 2) Resource Utilization Groups (RUGs) IV and the MDS 3.0

- Understand the development of the RUG-IV 66 Group classification system used in the Medicare Prospective Payment System (PPS).
- Calculate the RUG-IV 66 Group classification from the MDS 3.0 item set.
- Incorporate the RUG-IV 66 Group classification component into the case mix reimbursement calculation.
- Value the importance of accurate completion of the MDS in a RUG-based case mix reimbursement system.

(Day 2) Care Area Assessments (CAAs) and the MDS 3.0

- Describe the role and concept of the CAA.
- List 3 sources of evidence-based tools for conducting the CAA assessments.
- State the components of CAA documentation.

(Day 3) Introduction to Medicare Part A

- Identify the criteria necessary for the beneficiary to qualify for skilled nursing facility (SNF) benefits.
- Discuss the facility's responsibilities when a resident is denied Part A coverage and the resident's right to demand a bill.
- Explain how to make the decision about whether or not to cover a resident on Part A.
- Describe the role of the Health Insurance Prospective Payment System (HIPPS) codes.
- Describe the documentation that the SNF must complete to be in compliance as a Medicare provider.
- Describe the medical review process.

(Day 3) Care Planning and the MDS 3.0

- Describe the relationship between the RAI process, the care plan, and quality resident care.
- List 3 broad areas to be considered for care planning in addition to the RAI assessment information.
- List the components of an effective care plan.
- Discuss the role of critical thinking in the care planning process.
- Identify the members of the Interdisciplinary Team and discuss their role in the care planning process.
- List 4 occasions that trigger the need to reevaluate the care plan.
- Define "interim care plan."

(Day 3) Accurately Assessing Pain for the MDS 3.0

- Describe the scope of the pain problem in long-term care facilities.
- Differentiate between acute and chronic pain.
- Describe the physiology of pain transmission.
- Identify barriers to optimal pain management.
- List five key components for effective pain assessment.

(Day 3) Five-Star Rating System

- Explain the role of health inspections in the Five-Star Quality Rating System.
- Identify the effect that Quality Measures have on the number of stars a facility earns.
- Discuss the details of the staffing calculation and its effect on the facility's rating.
- Understand key strategies for positively affecting the facility's Five-Star Quality Rating.

HOTEL RESERVATION INFORMATION

To reserve online, go to www.druryhotels.com, click on **Book it Fast**, then enter group number **2095865**. To reserve over the phone please call **1-800-325-0720** to make your individual group reservations. Please specify the **Hotel location** and reference your Group Name: **Iowa Association of Homes and Services for the Aging**. The hotel rate per night is \$84 for double queen or king room. **Reservation deadline to receive the group rate is August 1, 2010.**

Extras that are included with your hotel stay:

FREE hot quickstart breakfast.

FREE Drury 5:30pm kickback - from 5:30-7:00pm, rotating hot food menu may include items such as hot dogs, chicken strips, egg rolls, charbroiled meatballs, baked potatoes and more. Also includes alcoholic/nonalcoholic drinks on the house.

FREE long distance calls - One hour every room every night

FREE wireless internet access

FREE soda and popcorn - from 3pm to 10pm every night in the lobby.

Drury Inn & Suites is located next to the West Glen Town Center which is full of fun shops and restaurants, explore West Glen Town Center on their website at: <http://www.westglentowncenter.com/>.



*The nation's premier MDS
3.0 education*

